

Ascend

by Lushescapes

Learning Beyond Borders



LUSHESCAPES



ASCEND

Lushescapes empowers students through immersive learning, global exploration, and transformative growth beyond the classroom.



Applied Skills

Hands-on learning experiences that build real-world competencies.



Cultural Exploration

Immersive journeys that foster global awareness and understanding.



Nurtured Development

Holistic growth that inspires confidence, leadership, and personal transformation.



Where learning meets
adventure



Chinese Heritage & Adventure: An Unforgettable Journey

25th April to 01st May 2026

Exclusively Designed for Dubai International Academy



Day 1: Arrival & First Impressions



Arrive at Beijing International Airport and transfer to your hotel for check-in. Enjoy some free time to relax or explore the surroundings at your own pace. In the evening, savor a delicious dinner, marking the start of your journey in China.

Overnight at Beijing Xinqiao Hotel or similar 4-star Hotel

Meals: Dinner



Beijing, China

} Beijing, the capital of China, is a city where ancient history meets modern life. It is home to iconic landmarks like the Great Wall, the Forbidden City, and Tiananmen Square. The city's blend of traditional culture and rapid development makes it a fascinating destination. As a political and cultural hub, Beijing plays a central role in China's identity.



Day 2: Imperial Wonders & Cultural Heritage



Begin your day with a delicious breakfast before stepping into history at Tiananmen Square, the heart of China's political and cultural legacy. Continue to the awe-inspiring **Forbidden City**, where centuries of imperial grandeur come to life through the exquisite halls and courtyards of **The Palace Museum**.

After a delightful lunch, immerse yourself in the mesmerizing world of **Peking Opera**, where vibrant costumes, expressive performances, and traditional melodies bring China's rich artistic heritage to the stage. End the day with a sumptuous dinner before returning to your hotel for a well-deserved rest.

Overnight at Beijing Xinqiao Hotel or similar 4-star Hotel

Meals: Breakfast, Lunch and Dinner



HIGHLIGHTS OF THE DAY



The Forbidden City

The Forbidden City is a historic palace complex in Beijing, China, that served as the imperial palace for 24 emperors during the Ming and Qing dynasties (1420–1912).



The Palace Museum

The Palace Museum is housed within the Forbidden City in Beijing, China, and is one of the world's most significant museums of Chinese history and culture. Established in 1925, after the last emperor, Puyi, was expelled from the palace, it holds a vast collection of over 1.8 million artifacts, including imperial treasures, paintings, ceramics, jade, and calligraphy.



Peking Opera Fun

Peking Opera (京剧, Jīngjù) is a traditional Chinese performing art that combines singing, dancing, acting, martial arts, and elaborate costumes. Originating in Beijing during the Qing Dynasty, it is known for its stylized performances, colorful face paint, and symbolic movements.



Day 3: Culture, Cuisine & the Great Wall



Start your day with a delicious breakfast before heading to the **Brickyard Art Museum**, where creativity and history come together. Roll up your sleeves for a **hands-on zhajiangmian noodle-making class**, followed by a lunch you helped create.

In the afternoon, experience a dynamic **Kung Fu class** with the Great Wall as your inspiring backdrop—a truly unforgettable setting. Then, explore the majestic Mutianyu section of the Great Wall, one of China's most scenic and well-preserved stretches.

Wrap up your day with dinner, followed by a mesmerizing performance at the Chaoyang Theatre, where acrobatics and artistry take center stage.

Overnight at Beijing Xinqiao Hotel or similar 4-star Hotel

Meals: Breakfast, Lunch and Dinner

HIGHLIGHTS OF THE DAY



Mutianyu Great Wall

Mutianyu is one of the most famous and well-preserved sections of the Great Wall of China, located about 70 kilometers (43 miles) northeast of Beijing.



KungFu Class

A Kung Fu class offers the opportunity to learn traditional Chinese martial arts, focusing on physical techniques, self-discipline, and mental focus.



Zhajiangmian Cooking Class

A Zhajiangmian cooking class offers a fantastic way to learn how to prepare one of Beijing's most beloved dishes—Zhajiangmian (炸酱面), often referred to as "Chinese spaghetti" due to its noodle base.



Day 4: Royal Retreats & Local Discoveries



Begin the day with a hearty breakfast before stepping into the imperial elegance of **The Summer Palace**, a UNESCO World Heritage site known for its stunning gardens and lakeside views. Next, dive into the charm of **old Beijing with a guided Hutong tour**, weaving through narrow alleyways that reveal the city's rich heritage.

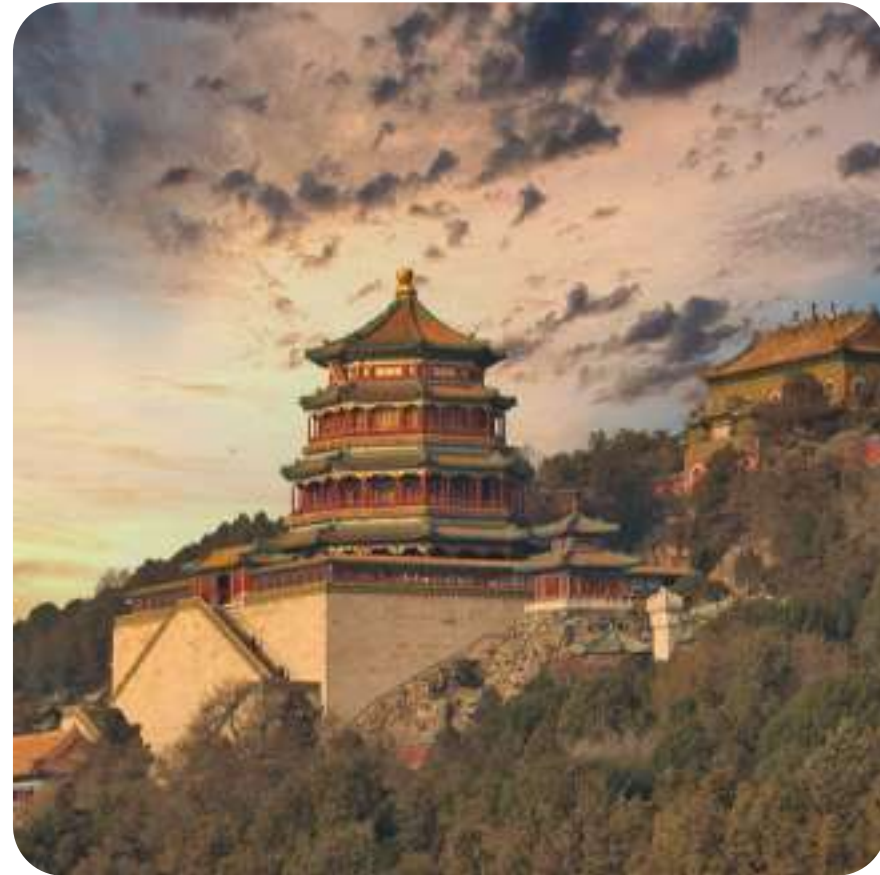
Enjoy a traditional lunch followed by a serene **Chinese tea ceremony**, where you'll learn about the art and culture behind this timeless ritual. Then, head to Silk Street for a lively shopping adventure, where you can practice your bargaining skills and pick up unique souvenirs. End your day with a delicious dinner featuring local Beijing flavors.

Overnight at Beijing Xinqiao Hotel or similar 4-star Hotel

Meals: Breakfast, Lunch and Dinner



HIGHLIGHTS OF THE DAY



Summer Palace

The Summer Palace (颐和园, Yíhéyuán) is a stunning imperial garden located in Beijing, China. Originally constructed during the Qing Dynasty in the 18th century, it served as a summer retreat for emperors, offering a peaceful escape from the heat of the Forbidden City.



Beijing Hutong Tour

The Brickyard Art Museum is a contemporary art museum located in Beijing, China, near the Mutianyu section of the Great Wall of China. Housed in a repurposed brick factory, the museum showcases a mix of modern art, design, and cultural exhibitions.



Tea Ceremony

Immerse yourself in Chinese tea culture with a traditional Tea Ceremony, exploring its history and varieties.



Day 5: Arrival in Shanghai – A City of Wonders



After breakfast, check out and board the **high-speed train** to Shanghai, gliding through the heart of China at remarkable speed. Upon arrival, head straight to the **Shanghai Tower**, the second tallest building in the world, for breathtaking panoramic views of the city's futuristic skyline.

Later, take a stroll along the vibrant **Nanjing Road**, one of Asia's most famous shopping streets, brimming with energy, lights, and local charm. Wrap up the day with a delicious dinner, savoring Shanghai's unique blend of traditional and modern cuisine.

Overnight at Shanghai Metropark Jichen Hotel or similar 4-star Hotel

Meals: Breakfast, Lunch and Dinner

HIGHLIGHTS OF THE DAY



Train to Shanghai

The train from Xi'an to Shanghai is a popular and convenient way to travel between these two major cities.



Shanghai Tower

Shanghai Tower is the tallest building in China and the second tallest in the world, standing at 632 meters (2,073 feet).



Nanjing Road

Nanjing Road is one of the most famous shopping streets in Shanghai, China. Stretching over 5 kilometers, it's lined with a mix of historic stores and modern malls. The road is always buzzing with shoppers, tourists, and bright lights. It's a must-visit spot for anyone looking to experience Shanghai's vibrant commercial life.



Day 6: A Magical Day at Shanghai Disneyland



Start your day with an exciting breakfast, then embark on a full-day adventure at **Shanghai Disneyland**. Immerse yourself in the magic of Disney with thrilling rides, captivating shows, and enchanting parades.

From **meeting beloved characters** to exploring themed lands like Tomorrowland and Fantasyland, the park offers fun for all ages. Enjoy a variety of food options throughout the day and make the most of the unforgettable experiences.

As evening falls, witness the spectacular **nighttime fireworks show**, a perfect way to end a magical day at Disneyland.

Overnight at Shanghai Metropark Jichen Hotel or similar 4-star Hotel

Meals: Breakfast, Lunch and Dinner



HIGHLIGHTS OF THE DAY



Shanghai Disneyland

Shanghai Disneyland is China's first Disney theme park, located in Pudong, Shanghai. Opened in 2016, it features unique attractions like Tron Lightcycle Power Run, Pirates of the Caribbean: Battle for the Sunken Treasure, and the Enchanted Storybook Castle—the largest Disney castle in the world.



Meeting beloved Characters

At Shanghai Disneyland, you can meet beloved Disney characters throughout the park, including Mickey & Minnie, Disney Princesses, and Marvel heroes.



Nighttime Fireworks Show

The nighttime fireworks show at Shanghai Disneyland, called "Illuminate! A Nighttime Celebration", is a spectacular display of fireworks, lasers, projections, and music. Held at the Enchanted Storybook Castle, it features beloved Disney characters, classic movie scenes, and stunning light effects.



Day 7: Departure Day



Start your day with a hearty breakfast before heading to the beautiful **Yu Garden**, a tranquil oasis showcasing traditional Chinese landscaping.

Afterward, enjoy a delicious lunch at a local restaurant. In the afternoon, immerse yourself in the charm of the **Former French Concession**, known for its historic architecture and leafy streets.

After enjoy a **free time for shopping**, followed by dinner. Transfer to airport to board your flight back to Dubai

Meals: Breakfast, Lunch and Dinner

HIGHLIGHTS OF THE DAY



Yu Garden

Yu Garden (Yù Yuán) is a classical Chinese garden located in the old city of Shanghai. It dates back to the Ming Dynasty (16th century) and features beautiful rockeries, pavilions, ancient trees, and tranquil ponds.



Former French Concession

The Former French Concession in Shanghai is a historic area known for its tree-lined streets, European-style architecture, and charming ambiance.



Shopping Time

Enjoy a shopping a last minute shopping time before head to airport.



Flight Details

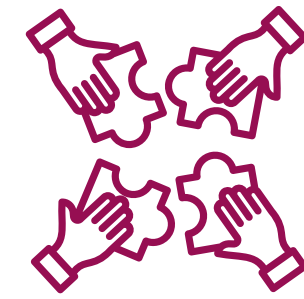
EMIRATES | EK306 | 25 APR | DUBAI - BEIJING | 03 50 - 15 25

EMIRATES | EK303 | 01 MAY | SHANGAI - DUBAI | 00 05 05 35 +1

Trip Inclusions



Flight Tickets thru Emirates Airlines (all taxes included)



Activities and Entrances as Per Itinerary



All transfers throughout the whole itinerary



Water provided throughout the trip



All Meal as per Itinerary



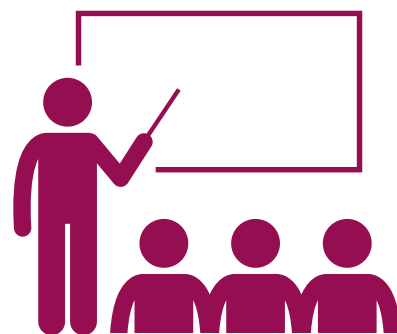
Accommodation in Twin Occupancy for students and Single Occupancy for Chaperones and Program Director



Premium Travel Insurance



Local English Speaking Guide



Ratio 1:10 for teachers



Tips and Mandatory Gratuity



Trip Exclusions



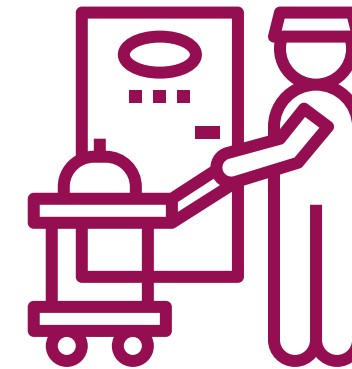
Personal Expenses



Visa Cost and Assistance



Any Other Service not Mentioned



Any Extra Room Service at Hotels



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