

# Ascend

by Lushescapes

Learning Beyond Borders



LUSHESCAPES



# ASCEND

*Lushescapes empowers students through immersive learning, global exploration, and transformative growth beyond the classroom.*



### **Applied Skills**

Hands-on learning experiences that build real-world competencies.



### **Cultural Exploration**

Immersive journeys that foster global awareness and understanding.



### **Nurtured Development**

Holistic growth that inspires confidence, leadership, and personal transformation.



Where learning meets  
adventure



# An Artistic and Cultural Journey Through Italy

25<sup>th</sup> April to 1<sup>st</sup> May 2026

Exclusively Designed for Dubai International Academy



## Day 1: Arrival in Rome & Baroque City Tour



Arrive in the Eternal City of Rome and meet your local guide at the airport. Begin your Italian journey with a **city tour of Baroque Rome**, visiting iconic landmarks including the Pantheon, Spanish Steps, **Trevi Fountain**, Piazza Navona, and **Campo dei Fiori**. These vibrant spots will give you a first taste of the city's historic charm and architectural beauty.

After enjoying lunch at a local restaurant, transfer to your hotel for check-in and freshening up. Take a brief rest before heading out again to enjoy a delightful Italian dinner, setting the tone for a culturally rich and flavorful adventure.

**Overnight at Raeli Hotels or similar**

**Meals: Dinner**

# HIGHLIGHTS OF THE DAY



## Roma Barocca Tour

The Roma Barocca Tour is a fascinating journey through Rome's Baroque architecture and artistic masterpieces, showcasing the grandeur and extravagance of the 17th and 18th centuries.



## Trevi Fountain

The Trevi Fountain (Fontana di Trevi) is one of the most famous and breathtaking Baroque fountains in the world, located in Rome, Italy.



## Campo de' Fiori

Campo de' Fiori is a historic square in Rome, Italy, known for its lively market, vibrant atmosphere, and deep historical significance.



## Day 2: Vatican Wonders & Italian Culinary Experience



Start your day with breakfast at the hotel before heading out for an **artistic tour of the Vatican Museums and Sistine Chapel**. Be amazed by masterpieces from Michelangelo, Raphael, and more in one of the world's most impressive cultural collections.

After lunch, continue with a guided tour of **St. Peter's Basilica**, a monumental symbol of the Catholic Church. In the late afternoon, take part in a fun and interactive **Italian cooking class**, where you'll learn to make traditional dishes from scratch. Conclude your day with a delicious dinner featuring your own creations before returning to the hotel.

**Overnight at Raeli Hotels or similar**

**Meals: Breakfast, Lunch and Dinner**



## HIGHLIGHTS OF THE DAY



### St. Peter's Basilica

St. Peter's Basilica in Vatican City is one of the most important religious and architectural landmarks in the world. It is the largest church in Christianity and a masterpiece of Renaissance and Baroque architecture, designed by legendary artists including Michelangelo, Bernini, and Bramante.



### Artistic tour of the Vatican Museums

The Vatican Museums are one of the most important and visited museum complexes in the world, housing a vast collection of art, history, and culture accumulated by the Catholic Church over centuries.



### Pizza-making class

A pizza-making class offers a fun and interactive way to learn the art of crafting authentic, delicious pizzas from scratch. Whether you're a beginner or an experienced cook, these classes teach you the fundamentals of pizza dough, sauce, toppings, and baking techniques.



## Day 3: Gladiator School & Ancient Rome



Following breakfast, travel back in time with a hands-on **Gladiator School experience**. Spend three hours training like a Roman warrior, dressed in traditional gear with expert instructors guiding you.

In the afternoon, explore the grandeur of ancient Rome with a **guided tour of the Colosseum** and the mysterious **Catacombs of St. Callisto**. After a satisfying lunch, delve deeper into the catacombs and uncover the early Christian history buried beneath Rome. End your day with a hearty Italian dinner before resting at the hotel.

**Overnight at Raeli Hotels or similar**

**Meals: Breakfast, Lunch and Dinner**



## HIGHLIGHTS OF THE DAY



### The Colosseum

The Colosseum (also known as the Flavian Amphitheatre) is one of the most iconic landmarks in Rome, Italy, and one of the greatest architectural and engineering feats of ancient Rome.



### Catacombs St. Callisto

The Catacombs of St. Callisto (San Callisto) in Rome are among the most important and extensive early Christian burial sites. Dating back to the 2nd century AD, they served as a cemetery for early Christians and housed the tombs of several popes and martyrs.



### Gladiator School Workshop

The Gladiator School Workshop in Rome offers a hands-on, educational, and entertaining experience where participants step into the shoes of ancient Roman gladiators. Guided by instructors from the Gruppo Storico Romano—a historical reenactment group—attendees learn about gladiator history, Roman military techniques, and daily life in ancient Rome.



## Day 4: Travel to Florence & Watercolor Painting workshop



Enjoy breakfast and check out from your hotel in Rome as you begin your journey to Florence and the Tuscany region.

Pause for a scenic lunch before continuing to Florence. Upon arrival, check in and freshen up at your hotel. The evening ends with a lovely dinner, allowing you to unwind and soak in the Tuscan ambiance.

**Overnight Hotel Manzoni or similar**

**Meals: Breakfast, Lunch and Dinner**



## HIGHLIGHTS OF THE DAY



### San Gimignano

San Gimignano is a picturesque medieval town in the Tuscany region of Italy, often referred to as the “Manhattan of the Middle Ages” due to its distinctive skyline of tower houses.



### Tuscane Tour

A Tuscany Tour offers a rich journey through one of Italy’s most picturesque and culturally significant regions. Known for its rolling hills, charming medieval towns, and world-class cuisine, Tuscany is a perfect blend of history, art, and natural beauty.



## Day 5: Florence City Tour & Transfer to Venice



After breakfast, check out from your hotel and set out to explore Florence, the cradle of the Renaissance. Enjoy a **3-hour guided city tour**, strolling through its historic streets and learning about its rich artistic and architectural heritage.

Visit the world-renowned **Uffizi Gallery**, home to masterpieces by Botticelli, Michelangelo, Leonardo da Vinci, and more. Afterwards, enjoy **sketching time** in front of a Michelangelo statue or a similar inspiring landmark, channeling the spirit of the masters. Following a traditional lunch, depart Florence and transfer to Venice. Upon arrival, check in and freshen up at your hotel before sitting down to a relaxing dinner by the canals.

**Overnight Hotel Manzoni or similar**

**Meals: Breakfast, Lunch and Dinner**

# HIGHLIGHTS OF THE DAY



## Florence city tour

A Florence City Tour offers an unforgettable exploration of the cradle of the Renaissance, rich in history, art, and architecture. Guided or self-led, the tour typically includes iconic landmarks such as the Cathedral of Santa Maria del Fiore (Duomo) with Brunelleschi's dome, Giotto's Bell Tower, and the Baptistery of St. John.



## Uffizi Gallery

The gallery houses iconic works by artists such as Botticelli (The Birth of Venus, Primavera), Leonardo da Vinci, Michelangelo, Raphael, Titian, and Caravaggio. Walking through its elegantly arched corridors, visitors can trace the evolution of Italian art from the Middle Ages to the Baroque period.



## Sketching time in front of a Michelangelo statue or a similar

Sketching Time in Front of a Michelangelo Statue offers a unique opportunity to engage with art through a personal, hands-on experience. Whether it's Michelangelo's David in Florence or another of his works, this activity invites participants to observe the intricate details of the sculpture and interpret them through their own sketches.



## Day 6: Explore Venice: Tronchetto, San Marco, Mask Workshop & Gondola Ride



Start your day with breakfast, then head out to Tronchetto, the main gateway to Venice, and explore the iconic San Marco area. Visit St. Mark's Basilica and admire the square's grand architecture. Afterward, head back to explore the winding canals and alleys that make Venice so charming.

After a delightful lunch, take part in a mask decoration workshop, where you can create your own Venetian mask—a perfect souvenir from your trip. Conclude the day with a classic gondola ride, drifting along the canals and taking in the stunning views of Venice. Enjoy a memorable dinner as the evening settles over this magical city.

**Overnight at Hotel Anthony or similar**

**Meals: Breakfast, Lunch and Dinner**

# HIGHLIGHTS OF THE DAY



## Pier Tronchetto

Pier Tronchetto is a key transportation and docking area located on the artificial island of Tronchetto in Venice, Italy. It serves as a major terminal for ferries and cruise ships arriving and departing the city, as well as a docking point for private boats and water taxis.



## Gondola ride

A Gondola Ride in Venice is a timeless and iconic experience, offering a serene way to explore the city's romantic canals. Aboard a traditional hand-crafted gondola, passengers glide through narrow waterways and under charming bridges, taking in historic buildings, hidden corners, and the gentle ambiance of Venetian life.



## Mask decoration workshop

A mask decoration workshop in Venice is a fantastic and creative experience, especially for those interested in the art of Venetian Carnival masks.



## Day 7: Departure



After enjoying your final breakfast in Venice, take some time to ensure all your belongings are packed and ready. A private transfer to the airport will be arranged, giving you one last glimpse of the enchanting canals and architecture of Venice on your way out.

Once at the airport, complete your check-in formalities and prepare to board your flight back to Dubai. Carry with you wonderful memories of Italy's rich art, history, and culture from Rome to Venice, filled with hands-on experiences and iconic landmarks.


**Meals: Breakfast**

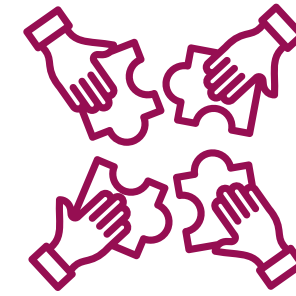


## Flight Details

EMIRATES | EK097 | 25 APR | DUBAI - ROME | 09 10 - 13 25  
EMIRATES | EK136 | 01 MAY | VENICE - DUBAI | 15 35 - 23 20

# Trip Inclusions

 Flight Tickets thru Emirates Airlines ( all taxes included )



Activities and Entrances as Per Itinerary



All transfers throughout the whole itinerary



Water provided throughout the trip



All Meal as per Itinerary



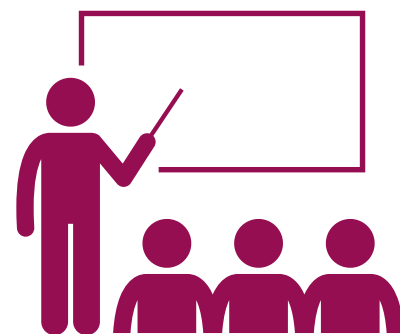
Accommodation in Twin Occupancy for students and Single Occupancy for Chaperones and Program Director



Premium Travel Insurance



Local English Speaking Guide



Ratio 1:10 for teachers



Tips and Mandatory Gratuity



# Trip Exclusions



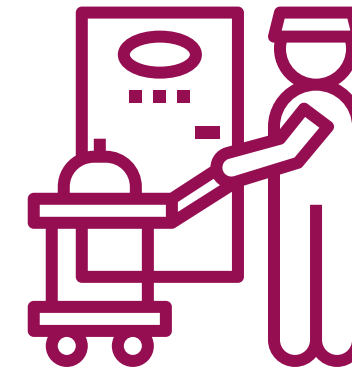
Personal Expenses



Visa Cost and Assistance



Any Other Service not Mentioned



Any Extra Room Service at Hotels



# LUSHESCAPES

3008, Jumeirah Bay X2, JLT, Dubai UAE | T. +971 524716569 | W.lushescapes.com | IG. Lushescapes

